



The best activities guide around!

**OCTOBER 2009**



**CZCC Gridiron Challenge – 1, 8, 15, 22 & 29 October**





# Oktoberfest

Camp Zama 2009



**5 ~ 9 pm**  
**Saturday, 10 October**  
**CZCC Parking Lot**



- Live Entertainment & DJ
- Food & Beverages available



\*For more information, please call 263-4547.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

## ZAMA Community BUGLE

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Photo by Richard Haun.

### THIS MONTH'S COVER

What do Tina Johnson, Leticia Carbajal, SFC Vincent Williams, SFC Carlton Smith, SFC Eric Rodrigues and Randy Benton have in common?

For one thing, they all agreed to put on a football jersey and pose in a group shot to publicize the Camp Zama "Gridiron Challenge" (Football Frenzy) being held at the Camp Zama Community Club every Thursday, 5-7 pm in the Firelight Lounge.

For another, they bring attention to the rules of the event which are explained on the centerfold of this month's Bugle.

Each week's winner's photograph will be posted in the lobby of the club displaying the very nice prize for the winner of that week.

Everyone has a chance to win, so get a copy of your "Picks-of-the-Week" form during the "Football Frenzy", fill it out, hand it in between 5 and 7 pm, and then, sit back, enjoy the good company, the free food, the music and the chance to win a door prize.

*How good is that?*

**"See the Bugle for the advertisement".**





# Y

ou may look at our calendar on our website [www.zamayouthcenter.org](http://www.zamayouthcenter.org) to look more into detail on what the activities are. If you have any questions regarding anything to do with the Youth Center's Tech Lab activities, please contact Mr. Dan at 263-8573.

## ■ Child, Youth and School Services

• 263-4500 [www.zamayouthcenter.org](http://www.zamayouthcenter.org)

### YOUTH CENTER

#### • Tailgate Party

Friday, 2 October, 3 pm. Stop by the Youth Center to help motivate the Zama Trojan Football team as they prepare to tame the Yokota Panthers.

#### • Closed

\* Friday, 9 October, the Youth Center is closed for a training holiday.

\* Monday, 12 October, the Youth Center is closed for Columbus Day.

#### • Zama Youth Book of Records

Thursday, 15 October. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record in free throw shots, hula hoop spins, or

the Wii home runs. This monthly event is open to anyone in grades 6-12.

#### • 6th Grade Happening

Friday, 16 October, 6 - 9 pm. Calling all Zama & Atsugi 6th graders. Get dressed in your best costume and party with your peers. There will be prizes awarded to the coolest costumes. Cost is \$2.00. Buses depart SHA Narita Bus Stop at 5:30 pm and Atsugi Theaters at 5:15 pm to the Youth Center.

### TECH LAB

#### • Photography Mondays

On every Monday in the Month of October, the Youth Center's Tech Lab will have Photography as part of the Image Makers competition. This means there will be a certain activity that may increase your knowledge and skill with a camera.

#### • ZTN Zama Teen News

Join us on our very own news show. Club members in grades 7-12 will meet every Tuesday from 3-5 pm. You will learn how to film, edit and produce your own news show. The final product will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, camera operators, editors and producers. Youths may join in at any time. Volunteers are needed to help make this program a success.

#### • Tech Club

Meetings are on 14 & 28 October, 3-4 pm in the tech lab. Tech team members are involved in photo taking, manipulation, movie making, web designing and community projects concerning technology and much, much more.

#### • Lego Robotics

On 21 October, 3-4 pm, registered members who are in 6-12 grades may create Lego robots according to their own interest. The participants start by using re-existing instructions for building their robot, followed by a programming and investigation session that defines the blueprints for the robot's performance.

## Zama Youth Center

### Hours of Operation

|                         |              |
|-------------------------|--------------|
| Monday ~ Thursday.....  | 2:30 ~ 8 pm  |
| Friday .....            | 2:30 ~ 10 pm |
| Saturday .....          | 1 ~ 10 pm    |
| Sunday & Holidays ..... | Closed       |

## NEWCOMER'S ORIENTATION KDDI

DFMWR Commercial Sponsorship & the ACS Staff thank our sponsor, KDDI for supporting the Newcomer's Orientation Program & the Zama community.

8:30 am ~ 4:30 pm  
Wednesday, 21 October  
CZCC • Right Wing

- Opening welcome by the Command Group and overview of different programs & services presented by various representatives
- "Taste of Japan" luncheon at the CZCC, sponsored by KDDI.

- Mandatory for military & civilian personnel. Adult family members are encouraged to attend.
- Free hourly child care available for attendees. Please contact Zama CDC, 263-4992 or SHA CDC, 267-6564 for reservations.

For International Calls:  
99 + 001 + Country Code + Area Code + Phone Number

CHILD YOUTH & SCHOOL SERVICES

# digital arts festival



BOYS & GIRLS CLUBS

This is a competition against the whole nation provided by the Boys & Girls Club of America. National Winners will receive an all-expense paid trip to one of the top US cities in the summer of 2010. The US city will be determined at a later date. All local winners will advance to the regional competition.  
Qualified Age Groups: 10-12 • 13-15 • 16-18.

TECH LAB ACTIVITY

## music making classes

\*All classes are from 3 ~ 5 pm.

- 1 October ~ DAF Photo Illustration (Editing)
- 8 October ~ Last day to turn in photos
- 22 October ~ DAF Music Making (Loops)
- 29 October ~ DAF Music Making (Mixing)

\*For more info,  
please call  
263-8573.



C A M P Z A M A C O M M U N I T Y C L U B

6 ~ 9 PM  
2 & 3 OCTOBER  
CZCC FIRELITE LOUNGE



\*FOR MORE INFO, PLEASE CALL 263-7666/4547.



egistration. To register your child or for more information, please stop by the CYS Central Enrollment Registry Office (CERO) in Bldg 533 at Camp Zama, or call 263-4125 or SAS at 267-6013.

### SAS BEFORE & AFTER SCHOOL PROGRAM

Are you looking for a place where your children can join other children in a fun learning environment? Come join School Age Services "Before and After" school program.

### PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, come and support the

"Parent's Advisory Council (PAC)" meeting. The PAC meeting is an opportunity for parents to provide input and to have questions and concerns addressed. We meet every third Wednesday each month in Bldg. 337 at 5 pm. October's SAS Parents Advisory Council meeting is scheduled for Wednesday, the 14th.

### FUNTASTIC ADVENTURE DAY

School Age Services will provide a day of adventure for your children. This will be a full day care program offered on non-school days from 8 am - 5 pm. Lunch & snacks are provided. Spaces are limited.

### CREATIVE PLAY (OCCASIONAL/HOURLY CARE)

School Age Services will provide 12 hours of hourly care per month. Parents must ensure that they call the center and make their reservation in advance. This service is also available during early release days.

## SAS OCTOBER EVENTS

2 (Friday) No School Day ~ Indoor activities and 4-H Clubs Round up event.

9 (Friday) ~ CYS Training Day/SAS will be closed.

10 (Saturday) ~ Super Saturdays  
Come join SAS Open Recreation Program from 1-6 pm.

12 (Monday) ~ Federal Holiday/Columbus Day/SAS will be closed.

24 (Saturday) ~ Super Saturdays  
Come join SAS Open Recreation Program from 1-6 pm.

## SAS Program Hours

|                 |                      |                           |
|-----------------|----------------------|---------------------------|
| Regular         | Monday ~ Friday      | 6:30 - 8:30 am & 3 - 6 pm |
| Early Care      | Monday ~ Friday      | 5:30 am - 6:30 am         |
| No School Day   |                      | 6:30 am - 6 pm            |
| Open Recreation | Monday ~ Friday      | 3 - 6 pm                  |
|                 | Saturday (2nd & 4th) | 1 - 5 pm                  |

# SAS OPEN RECREATION PROGRAM

Let's have some FUN!

 BOYS & GIRLS CLUBS

Parents! Are you looking for programs that your school aged children can participate in? Children! Are you looking for things that will keep you active and busy outside of the house? If so, then the Open Recreation Program events are for you! All events guarantee fun! School Age Services is offering open recreation opportunities during the weekday and Saturday afternoons for youths currently enrolled in grades one to six.

**\*Participation may be limited due to space availability, so give us a call at 267-6013.**



### INFO:

- Youths are limited to 10 hours of open recreation per month.
- Each youth must have an "Open Recreation" card to participate and must be registered with CYS.
- CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office (Bldg. 533).
- Each card is issued for a specific month.

**Questions? Please call 267-6013 or 263-4743/4125/3397.**

# ■ Youth Sports and Fitness • 263-5437/4066

## FALL SOCCER

Fall soccer games are now on-going until 17 October. Come out and enjoy the fun.

## FALL SWIM TEAM

Sign ups are on going until filled. Practices started the first week of September.

## OFFICIALS FOR YOUTH SPORTS

Youth Sports and Fitness is always in need of qualified officials, if you are interested in officiating games for youth sports, please contact us at 263-5437.

## VOLUNTEER COACHES

Youth Sports and Fitness is looking for volunteers to help coach youth sports. If you are interested, please contact us at 263-5437 or go to our web site and down load a coach's application at [www.zamayouthsports.org](http://www.zamayouthsports.org); once your application is accepted, you will need to attend a coach's class to be certified to coach in our program.

## REGISTRATION

To register, please go to the CYS Central Enrollment Registry Office,

Bldg 533, or call 263-4125 or 263-5437/4066. Be sure to have your

sports physical completed before you sign up to play sports.

**Flag Football**

**Volleyball**

Registration for both sports ends 16 October. Games are 7 November ~ 12 December. Register at CYS Central Enrollment Registry Office, Bldg. 533 or call 263-4125.

U.S. Army  
Child, Youth & School  
Services

**camp zama**  
**BOSS Program**

**I.A.M. STRONG**

*Meeting every other Tuesday at 4 pm at the Warrior Zone (located in Bldg. 533). Everyone is welcome to attend!!!*

**BOSS Warrior Zone**  
6 ~ 11 pm • Monday ~ Saturday  
2 ~ 7 pm • Sunday

Check **BOSS** out on our website:  
<http://www.mwrjapan.jp.pac.army.mil/crd/boss/>

Email us at [BOSS@zama.army.mil](mailto:BOSS@zama.army.mil) or see your unit BOSS representative for more info.

**BOSS President: SPC Edward Webb**  
Tel: 263-5197  
email: [edward.webbjr@zama.army.mil](mailto:edward.webbjr@zama.army.mil)

**BOSS DAY LUNCH BUFFET**  
11 AM ~ 1 PM  
16 OCTOBER

• CZCC BALLROOM •  
• MENUS/COST WILL BE PROVIDED •

**HAPPY BOSS DAY!**

**CAMP ZAMA COMMUNITY CLUB**

“See the Bugle for the advertisement”.





### ZAMA CHILD DEVELOPMENT CENTER

- **Fire Prevention**

Thursday, 8 October, 9:30 - 10:30 am. Special guest is Sparky the Fire Dog & static display of a fire truck at the Zama CDC parking lot.

- **Closed ~ Training Holiday**

\*Friday, 9 October

- **Closed ~ Columbus Day**

\*Monday, 12 October

- **Parent Advisory Meeting**

Thursday, 15 October, 4-5 pm at the Zama CDC staff training room.

- **Red Ribbon Campaign**

26-30 October, all week children's art display at the Zama Library.

- **Fall Festival Parade**

Friday, 30 October, 3-4 pm. Light refreshments will be served.

\*For more information, please phone Miki Nihipali at 263-8081.

### SHA CHILD DEVELOPMENT CENTER

- **Parent Advisory Meeting**

\*Thursday, 8 October, 4 pm

- **Closed ~ Training Holiday**

\*Friday, 9 October

- **Closed ~ Columbus Day**

\*Monday, 12 October

- **Harvest Festival & Pumpkin Pitch**

Friday, 16 October, 12-3 pm

- **Character Counts Week**

Monday - Friday, 19-23 October

- **Red Ribbon Campaign Week**

Monday - Friday, 26-30 October

- **Closing Activities for the Red Ribbon Week**

Friday, 30 October

\*For more information, please phone Julia Sektnan at 267-6348.

**PARENTS NIGHT OUT**

*Late dinner & evening snack provided.*

\*Must register 1 week in advance with CYS Central Enrollment Registry Office, Bldg. 533.

**5-11:30 PM  
FRIDAY, 16 OCTOBER  
ZAMA CDC**

**\$20 per child • Ages 6 weeks ~ 12 years**

Paid Advertisements

“See the Bugle for the advertisement”.

**S** hopping on the economy. 23 October, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥1,000 for transportation and extra yen for shopping. Children are welcome.



**26~30  
OCTOBER**

**Choose to be  
Drug & Alcohol Free**



**Look out for events in  
your school & community**

**Fan Us on Facebook**

**Army Substance  
Abuse Program  
Camp Zama  
263-8059**

## **RELOCATION READINESS, 263-HELP (4357)**

### • *Medical Morning Briefing*

22 October, 8:30 am - 2 pm, Camp Zama Community Club (Right Wing). Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend.

### • *Newcomers Train Class, Parts I and II*

**Part I:** 22 October, 6 pm - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

**Part II:** 25 October, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children & family members are welcome; bring about ¥2,000 per person for transportation expenses and extra yen for shopping.

## **MOBILIZATION AND DE- PLOYMENT PROGRAMS, 263-HELP (4357)**

Please contact at 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

### • *Pre-deployment and Ongoing Readiness Training, 263-HELP (4357)*

This training is designed to help all deploying Soldiers, DoD civilians, and their families prepare for a less stressful and more successful deployment, held the 2nd Thursday of each month from 3 - 4 pm in the ACS Community Room.

### • *Deployment Spouse Program, 263-HELP (4357)*

If your spouse is deployed, then ACS is looking for you! Please visit us

to learn more about our Deployed Spouse Program and sign up for your membership card. This card will entitle you to various discounts throughout USAG-J MWR facilities.

## **AER/FINANCIAL/EM- PLOYMENT, 263-5550 OR 263-HELP (4357)**

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. For more information, contact 263-5550. Units and FRGs may request classes (prefer requests a minimum of two weeks in advance by emailing Gary.Wertz@zama.army.mil).

\*1st Wednesday, each month, 8:30 am - 4:30 pm, Mandatory First Term Soldiers Financial Readiness Class.

\*2nd Wednesday of each month, 1 - 2:30 pm, Credit and Debt; 2:30 - 4:30 pm, Investment / TSP.

\*4th Wednesday, of each month, 1 - 2:30 pm, Basic Budget; 2:30 - 4:30 pm, Checkbook Management.

## **AER EMERGENCY LEAVES:**

Primary funding for travel to a gateway city of service members and command sponsored family members, is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

## **FAMILY ADVOCACY PRO- GRAM, 263-HELP (4357)**

October is Domestic Violence Prevention Month in the Army. The Army theme for the year 2009 is "Make the Right Choice ~ Act to Prevent Domestic Abuse". A Purple Ribbon Campaign is scheduled to begin 1 October. Purple Ribbons



and free literature will be distributed throughout the community. The Purple Ribbon is the national symbol that is used to recognize and support victims & survivors of domestic abuse. In order to provide information and education for strengthening families, the Family Advocacy Program will offer a variety of lunchtime workshops at ACS, 12:10 - 12:50 pm during the month of October as follows:

- 6 October ~ Life in Balance; Relaxation & Stress Relief
- 13 October ~ Parent/Child Communication
- 27 October ~ Anger Management.

\*All classes are free with lunch provided. All attendees will be presented with a certificate of completion at the end of the class. No registration is necessary. For more info, please contact ACS at 263-HELP. If you, your unit or organization would like to schedule classes, workshops or seminars on topics such as spouse abuse, child abuse, sexual assault prevention, parenting classes or other Family Advocacy issues, contact the Family Advocacy Program at 263-4782/4853.

## NPS P

### New Parent Support Program

*The NPS P, a division of the Family Advocacy Program, specializes in assisting and offering services to new & expecting parents.*

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am, Zama Chapel Bldg 502 and every 2nd & 4th Thursday, 9:30 - 11 am at Arnn Elementary's EDIS classroom and the 3rd Thursday, 9:30-10:30 am at the SHA CDC.
- **Pre-Birth Classes:** 8 & 15 October, 4:30 - 5:30 pm at ACS, Bldg. 402. Class taught by OB/GYN Nurse from MEDDAC. For more information, please call 263-HELP.
- **Baby Love Seminar:** "Circle of Security" is scheduled on 20 October, 9:30 - 10 am, during play morning session at Zama Chapel and again on 29 October from 9:30 - 10 am during play morning session at Arnn Elementary's EDIS classroom.
- **New Parent Support Program Workshop:** "Circle of Security" will be presented on 28 October, noon - 1 pm at ACS's Community Room. Bring your lunch. Register by 23 October at ACS or call 263-HELP.
- **Breast Feeding Support Group** held on the 1st Thursday of every month, 9:30 - 10:30 am at ACS and the 3rd Monday of every month, 9:30 - 10:30 am at SHA CDC.
- **Baby Bundles** information and supplies for new and expecting parents. Electric breast pumps are available by calling 263-8327.

### EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty soldiers with family members with special needs. It is important for spouses to enroll their family members to ensure their family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP, keep in mind your file must be reviewed every 3 years or upon

a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm.

This month's EFMP workshop will be about the Importance of Maintaining EFMP Enrollment and will be held at the ACS Community Room

## SEXUAL ASSAULT PREVENTION & RESPONSE PROGRAM

This is a commander's program designed to help prevent sexual assault through increased awareness & training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner.

### Victim Advocacy

is a free service for all personnel in the military community. The Victim Advocate for Camp Zama is located in Bldg. 402 with ACS. Victims are encouraged to come & speak with a trained victim advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault.

### To make a call:

- **Sexual Assault Hotline from a DSN:** 88# or 090-9395-8909.
- **To make a restricted report:** Contact a medical provider, Chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP/4357 or your Unit Victim Advocate.
- **To make an unrestricted report:** Contact the Military Police at 263-3002, the chain of command or the SARC at 263-HELP/4357 or 090-9395-8909.
- **To contact the Victim Advocate:** Call 263-HELP/4357 or 090-9395-8909.



on 22 October from noon - 1 pm. Bring your lunch. Please pre-register for workshop by 16 October at ACS or call 263-HELP.

## **COMMUNITY LIFE OFFICE, 263-HELP (4357)**

### • **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. You can register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! This can be completed in your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not already have an account at [www.myarmylifetoo.com](http://www.myarmylifetoo.com), register for an account by going to the site and clicking on "register for an account". Once registered, click on "Become a Volunteer" and select "Volunteer Registration". For more information, contact your Army Volunteer Corps Coordinator 263-8087.

## **ARMY FAMILY TEAM BUILDING (AFTB), 263-HELP (4357)**

The Key to your Army journey and passport to power! Did you know that you could earn promotion points from AFTB? If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that you will be able to use throughout your military career. Come join us for our next AFTB Class or go online at [www.ArmyOneSource.com](http://www.ArmyOneSource.com).

## **ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)**

• **Camp Zama Army Family Action Plan Symposium** ~ 26-28 January 2010.

• What is AFAP? ~ Because the Army's leaders recognize that to have a quality Army, you must be satisfied

with the Army's way of life. AFAP connects YOU with an ARMY. AFAP is idea and issue gathering. AFAP makes things happen, sometimes all the way to the TOP. AFAP, like everything, has *deadlines*. Our conference of subject matter specialists, commanders and caring contributors meets in January. Watch for the "issue collection boxes" or log on to <http://www.mwrjapan.jp.pac.army.mil/> and click on "Submit an AFAP Community idea/concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager. You will be heard!

## **INFORMATION AND REFERRAL, 263-4357**

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on [www.mwrjapan.army.mil](http://www.mwrjapan.army.mil) under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

### • **Children's Japanese Class**

Every Monday, 10:30 - 11:15 am, and 11:15 am - noon.

### • **Adult English as a Second Language Class (ESL)**

Every Wednesday 1 - 2:30 pm. All levels.

• **Adult Japanese Language Classes**  
Every Wednesday, 10 - 11 am, advanced class; 11 am - noon, beginner class. Classes taught by a native Japanese speaker.

\*All classes are cancelled on US Holidays. For more info, please contact Stacey Davis at 263-2382 or [Stacey.Davis@us.army.mil](mailto:Stacey.Davis@us.army.mil).

## **SURVIVOR OUTREACH SERVICES 263-HELP (4357)**

Survivor Outreach Services (SOS) provides services that support the Families of the Fallen Soldiers. SOS is designed to enhance services to these families. Support Coordinator functions as the long term support person for Survivors, conducting support groups, briefing to the community and leadership, life skill and supportive counseling. Financial Counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving family member to reach financial goals. For more info, contact the SOS Staff at 263-4357.



**BILLBOARD CHRISTMAS CARD CONTEST**

**This is the 5th Annual Holiday Card Contest.**

Get in the Christmas spirit and display your decorative greeting and promote your unit or organization message.

- Plywood can be picked up at ACS, Bldg. 402, starting 2 November.
- Billboards are due back to ACS, NLT 30 November.
- Awards: 1st ~ \$200 • 2nd ~ \$125 • 3rd ~ \$65

\*Presented at 1 pm, 11 December at Gate 7.

• For more information, please call 263-8087.



“See the Bugle for the advertisement”.

# Y

ou can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>



## ■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>



### Tournament Schedule for 2009

Zama Open.....17-18 October  
Turkey Shoot.....21 November



### TOMODACHI DAYS ARE AS FOLLOWS:

9 October - Friday  
16 October - Friday  
23 October - Friday  
26 October - Monday  
Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000, plus cart. This is

a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

### NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 21 October, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

### PAY DAY SCRAMBLES

FREE! MWR is paying the \$15 entry fee and green fees for non-members. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to personnel assigned to USARJ, supporting and tenant units and their family members. Fun, food and prizes!

- Friday ~ 2 October (11:30 am shotgun start)
- Friday ~ 30 October (11 am shotgun start)

**ANNOUNCING**  
**"Zelocity PureLaunch" launch monitor for personalized Club fittings.**



\$50

Want to know your spin rate, launch angle, distance etc...? No more guess work. Launch monitor with two integrated Doppler-radar transceivers; patented technology; made in USA.

Outputs: ball velocity, club head speed, carry distance, power transfer ratio %, launch angle, total spin, deviation, angle of descent, angle of attack, side spin, club face angle, angle of descent, trajectory graphics, shot simulation, club acceleration and deceleration, data and reports. Call Dale Jorgenson at 263-3694 to schedule your personalized club fitting session.

Zelocity



# TAKE THE MYSTERY OUT OF GOLF

## LEARN TO GOLF ADULT CLASSES



Course is designed for beginners golfers and covers putting, chipping, full swing, rules and etiquette.

### 2009 Group Lesson Schedule

- Thursdays •
- Session 6: 15, 22, 29 October
- 5, 12 November

All Classes: 4 ~ 5:30 pm • Class Size: 8 Max • 6 Minimum

### \$99 Per Person Price Includes:

- 5 Group lessons per session (first 4 at range, 5th at course)
- Four 9 hole rounds of golf (cart not included)
- Golf clubs & balls (for class)



- Enroll: Sign up at the Golf Course Pro Shop.
- Eligibility: SOFA status personnel, MLC, IHA, HPT & JGSDF only.

**Instructor:**  
Dale Jorgenson, Director of Golf

POC: Dale Jorgenson, Director of Golf ~ [dale.jorgenson@us.army.mil](mailto:dale.jorgenson@us.army.mil) or 263-3694.



## LUNCH

### Mondays

- 5 Beef Broccoli
- 12 BBQ Skewer
- 19 Pancit, Fried Rice & Lumpia Combo
- 26 Chicken in Coconut Cream Sauce

### Tuesdays

- 6 Bacon Wrapped Pork Loin
- 13 Roasted Chicken
- 20 Roast Beef w/Au jus
- 27 BBQ Pork

## LUNCH

### Wednesdays (7, 14, 21 & 28 October)

- Fried Chicken w/Cornbread
- Choice of Fries
- Coleslaw or Vegetable of the Day.

### Thursdays

- 1 Chicken Fajitas
- 8 Cajun Grilled Pork
- 15 Beef Taco Salad
- 22 Chicken Enchiladas
- 29 Beef Fajitas

### Fridays (2, 9, 16, 23 & 30 October)

- Fried Cod Fish & Shrimp

## LUNCH

- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

### Saturdays (3, 10, 17, 24 & 31 October) No Daily Lunch Special)

### Sundays

- 4 Chick Cacciatore
- 11 Pork Kushi Katsu w/ Tomato Sauce Lasagna
- 18 Lasagna
- 25 Hamburger Steak w/Swiss Cheese & Gravy

## Healthy Lunch Specials

**\$5.95**



Monday



### Fresh Vegetable Lumpia

Sauteed vegetables, tofu and lettuce in a fresh lumpia wrapper made from scratch served with homemade garlic peanut sauce

Thursday



### Spinach Flour Tortilla Wraps

Slices of Cajun grilled chicken breast on a bed of shredded cabbage and carrots topped with our own curry mayo and chopped roasted peanuts. Served w/a side salad.

Tuesday



### Lemon Pepper Chicken Pita

Grilled lemon pepper chicken breast, pita bread and vinaigrette drizzled lettuce and tomato served with a side salad.

Friday



### Tofu Steak

Grilled tofu topped w/our homemade sweet soy sauce. Served with white rice and side salad.

Wednesday



### Cajun Grilled Fish

Grilled fillet of fish generously seasoned with Cajun spices. Served with white rice and a choice of salad or vegetable of the day.

Sunday



### Pasta with Broccoli Sauce

Pasta of the day tossed in our homemade broccoli sauce topped with grated parmesan cheese. Served with garlic bread.

## REVOLUTIONARY NEW GOLF INSTRUCTION

Zama Golf Club announces a new lesson package. Receive one hour of individual instruction utilizing Computer Swing Analysis and MEGSA (a revolutionary new golf training tool). Cost is \$50 for one lesson or take a series of 4 lessons for \$175 and save \$25 over the individual lesson price. Call Dale Jorgenson at 263-3694 to schedule your lesson.



Computer Swing Analysis



MEGSA Swing Trainer

| LUNCHES   | LUNCHES   | DINNER SPECIALS   |
|---|---|---|
| <b>MONDAY</b><br>5 Chicken Taco Rice<br>12 Closed<br>19 Hamburger Steak w/Onion Gravy<br>26 Fried Chicken<br><b>TUESDAY</b><br>6 Lasagna w/Garlic Bread<br>13 Beef Cutlet<br>20 Yakisoba, Fried Rice and Karaage<br>27 Pork Ginger<br><b>WEDNESDAY</b><br>7 Hamburger Steak w/Cheese<br>14 Seafood Casserole<br>21 Chicken Fajita<br>28 Lounge Special Chicken Cutlet | <b>THURSDAY</b> (All-U-Can Eat)<br>1 American Buffet<br>8 Oriental Buffet<br>15 Mexican Buffet<br>22 Italian Buffet<br>29 Mexican Buffet<br><b>FRIDAY</b><br>2 Salmon Fry<br>9 Chicken Curry<br>16 Steamed Chicken<br>23 Seafood Platter<br>30 Spaghetti Meat Sauce Casserole<br><b>DINNER SPECIALS</b><br><b>TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50)</b><br>6 Mexican Dinner Special<br>13 BBQ Dinner Special<br>20 Pizza & Pasta Dinner Special<br>27 Regular Menu | <b>WEDNESDAY NIGHT</b><br>Family night movies for adults and youths 7, 14, 21, & 28 October-regular dinner menu; choose your discount.<br><b>THURSDAY NIGHT</b><br>(CHEF'S SPECIAL DINNER-\$20)<br>1 Steak & Salmon Teriyaki \$20<br>8 Chinese Dinner \$20<br>15 Steak and Scallops Set \$20<br>22 Prime Rib Dinner \$20<br>29 Regular Menu<br><b>FRIDAY NIGHT</b><br>(MONGOLIAN BBQ)<br>Fridays, 9 and 23 October, enjoy the best Mongolian BBQ in town!!! Also, on 2, 16 & 30 October we offer the regular dinner menu. |



## ■ Paid Advertisements

“See the Bugle for the advertisement”.



# Z A M A I T T

## Fall & Winter Escapades

### THANKSGIVING ESCAPE TOURS

November 25 - 29, 2009

- Beijing
- Hong Kong
- Ho Chi Minh
- Angkor Wat
- Taipei
- Bangkok



Beijing



### CHRISTMAS ESCAPE TOURS

- Best of Sydney
- Christmas in Singapore
- Beach & City of Thailand
- Classic Laos
- Northern Thailand Adventure
- Discover Cambodia
- Best of Cairns
- Golden Triangle of India

Dec 18 - 28  
Dec 22 - 26  
Dec 19 - 28  
Dec 19 - 27  
Dec 19 - 28  
Dec 19 - 28  
Dec 18 - 27  
Dec 19 - 27



Sydney



## 61st Sapporo Snow Festival

- Pre-Snow Festival Tour  
Feb 4-6, 2010
- Opening Snow Festival Tour  
Feb 5-7, 2010



Snow Statue  
(Japanese Castle)

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.



• Military PHONE 263-5273/4059  
• Military FAX 263-7507  
• E-Mail [travel@zamaitt.com](mailto:travel@zamaitt.com)

• Commercial PHONE (046) 254-8896  
• Commercial FAX (046) 255-0356  
• Website: <http://zamaitt.com>







# ARE YOU For So GRIDIRON CHA

The 2nd Annual "Gridiron C  
Frenzy" in the CZCC Firelite

## PRIZES

*Below are the prizes to be awarded to the person who selects the most NFL winners each week. Weekly entry forms are available at the "Football Frenzy" held every Thursday beginning 3 September in the CZCC Firelite Lounge 5 - 7 pm. Your entry for the forthcoming weekend games must be turned in by 7 pm. A copy of the "Tie Breaker" information will also be available at the "Frenzy".*

- Week 1: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 food coupon (from Outback)
- Week 2: Sony digital camera (from USA Federal Credit Union) and ¥5,000 food coupon (from TGI Friday's)
- Week 3: Apple Ipad (from Camp Zama AAFES) and two tickets (from Tokyo Summerland)
- Week 4: Panimage digital photo frame (from Budweiser) and two tickets (Sunday Brunch - New Sanno)
- Week 5: NBA watch and all-star jacket and ¥5,000 food coupon (from TGI Friday's)
- Week 6: Lexmark printer / scanner / fax / wireless (from USA Fed Credit Union) and two tickets (from Fujikyu)
- Week 7: Nikon digital camera (from Budweiser) and Patio umbrella and ice chest (from Miller Lite)
- Week 8: Sony portable DVD (from USA Federal Credit Union) and two tickets (Tokyo Summerland)
- Week 9: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 food coupon (from Outback)
- Week 10: Apple Ipad (from Camp Zama AAFES) and ¥5,000 food coupon (from TGI Friday's)
- Week 11: NFL football jersey (from CZCC) and two tickets (Sunday Brunch - The New Sanno Hotel)
- Week 12: Samsung digital camera (from Budweiser) and patio umbrella and sports chair (from Miller Lite)
- Week 13: JVC video camcorder (from Exchange New Car Sales) and two tickets (from Fujikyu)
- Week 14: NBA watch and all star jacket and ¥5,000 food coupon (from TGI Friday's)
- Week 15: NFL football jersey (from CZCC) and NBA watch
- Week 16: HP Office jet print, scan, fax (from USA Fed Credit Union) and ¥5,000 food coupon (from TGI Friday's)
- Week 17: JVC video camcorder (from Exchange New Car Sales) and ¥5,000 food coupon (from Outback)

**MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF  
THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.**



富士通ハイランド THE NEW SANNO



USA Federal  
CREDIT UNION  
50 Years of Worldwide Service



The Budweiser and Miller Lite Companies Support "Responsible Drinking".

Sponsorship does not imply endorsement by the U.S. Government.



**YOU READY  
for the Football???**

# **GRIDIRON CHALLENGE**

"Challenge" begins on Thursday, 10 September, 5 - 7 pm, with the "Football Frenzy" in the Firelight Lounge.

## **QUESTIONS AND ANSWERS**

The "Gridiron Challenge" is a Camp Zama Community Club program. A very high percentage of the military community is "football-oriented" and this challenge will provide football fans the opportunity to show their knowledge of the game by picking the weekly game winners. There is no cost to play the "Gridiron Challenge".

There are four parts to the Challenge---here is some information you should know.

### **(1) 17 WEEKS - REGULAR SEASON**

For 17 weeks, from 10 September to 7 January, you can pick up an entry form at Football Frenzy held every Thursday from 5 - 7 pm in the Firelight Lounge showcasing the games scheduled for the forthcoming week. Entry forms must be turned in before 7 pm to the staff at Football Frenzy. When you receive your first entry form you will receive information explaining the "tie-breaker". Only one entry per week.

Each weekly winner will receive two prizes with a value in excess of \$175. A photo will be taken of all winners and displayed in the Community Club.

All weekly winners names (17) will be placed in a drawing and the winner will receive VIP seating and a steak breakfast for him / her and 9 friends at Zama's Super Bowl Party on 8 February 2010.

### **(2) CUMULATIVE PRIZE**

The total wins that each participant picks each week will be kept on file at the CZCC. This sheet will be available for all to view on the Gridiron Challenge Board. The Top 2 players with the most wins after week 17 will receive a prize of \$500 (1st Place) and \$300 (2nd Place)

### **(3) PLAYOFF CONTEST**

There are two parts to the Play-off Contest. Play-Off Picks: On Week 14 pick the 12 teams that you think will make the playoffs. Once the playoff teams are determined the participant with the correct teams will win \$250. There will be a tie-breaker for the Play-off Picks also. Play-Off Games: Once the playoff teams are determined you must pick which teams will win each game. The format will be the same as during the regular season. Any wins from the regular season do not count in the playoff contest. The conference playoff games are the last games for the playoff challenge. The person with the most wins during the playoffs will receive a \$150 prize.

### **(4) "COLLEGE BOWL CHALLENGE"**

Once the Bowl bids are determined you will select which teams will win their respective Bowl Game. All 24 College Bowl games will be included in this Challenge. The player who has the most wins after the National Championship Bowl game in January 2010 will receive a cash prize of \$300. The National Championship Game will be the tie-breaker for this challenge.

The winner will receive his / her prizes in the CZCC Firelight Lounge each Thursday at 6 pm in conjunction with the "Football Frenzy". Special evening door prizes will be given at the Frenzy also. All sheets for the next week must be received by 7 pm to be eligible for the weekly prizes. Lights snacks will be available and the bar will be open for your beverage needs.



# CAMP ZAMA COMMUNITY

# BAZAAR



**NOVEMBER 2009**

AT THE CAMP ZAMA COMMUNITY CLUB

**SAT**  
**28**  
9 AM - 5 PM

**SUN**  
**29**  
10 AM - 4 PM

**OVER 50 VENDORS**

For more information:  
**263-5316**



Zama ITT will be present each day, 11 am ~ 2 pm  
to discuss Fall & Winter Escapade Tours & Travel  
for the Fall & Winter travel season.

**263-5273**  
**263-4059**



*\*This is your last opportunity before the "Holidays" to shop at the BAZAAR.*

CAMP ZAMA GOLF CLUB

# ZAMA

7TH ANNUAL

# Open



**SATURDAY-SUNDAY • 17-18 OCTOBER**

*\*Tee times starts at 6:30 am.*

*• Sign-up deadline is 5 pm, Tuesday, 13 October.  
Field is limited to the first 120 players.*

- Cost (Carts, Door Prizes, & Buffet Luncheon on Sunday included):  
\$50 ~ Zama, Atsugi, & Tama Hills Annual Members (Non-Members pay green fees)  
¥14,000 ~ JGSDF (Stationed at Zama)  
¥18,000 ~ MLC/IHA/HPT (Working for USAR)  
¥26,000 ~ All Others

**\$10,000**  
**"Hole in One"**  
**CONTEST**  
*\*Sunday, 18 October*

**Any golfer making a "Hole in One" on the 8th hole on Sunday will win \$10,000!**  
**\$500 Secondary prize for Holes 2, 10 or 15!**



**Special Door Prize Drawings**

Two (2) pairs of admission tickets to Tokyo Disneyland  
*\*Courtesy of the Walt Disney Company*

**"MAJOR DOOR PRIZE"**

**\*A 3 Night Stay in the  
Outrigger Guam Hotel**

*\*Courtesy of the Outrigger Enterprises Group*



*\*For more information, please call 263-3694.*



“See the Bugle for the advertisement”.

# C

afe

Roberto is proudly serving Starbucks coffee all day!!! Enjoy sandwiches, salads, nachos, pizza and desserts with family or friends in Cafe Roberto's. No food service after 10 pm.



**BINGO-NIGHT**  
\*THURSDAYS  
NEW POWER BINGO HANDSET

Simply press in each number called and then press the ENTER button. Handset will automatically dab all of your cards.

Bingo Packet & Handset (\$28) have all the games except Early Bird & U-Pick-Em.

Thursday cards sale - 6 pm  
Early Bird Game - 6:45 pm  
Regular Game starts at 7 pm

## ■ Camp Zama Community Club

• 263-4547

### FIRELITE LOUNGE

#### • Hip Hop Music w/DJ

On Friday Night, 2, 16, 23 & 30 October, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

#### • Latino Night

Friday, 9 October, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

#### • Country Music with DJ

On Saturday night, 3 & 10 October, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

#### • Latino Night

Saturday, 24 October, 8 pm - 3 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

#### • Old School Night

Saturday, 17 October, 8 pm - 2 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

### LUNCH

#### Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95  
Youths 8 - 12: \$6.95  
Youths 4 - 7: \$3.95  
3 and under: Free

**Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)

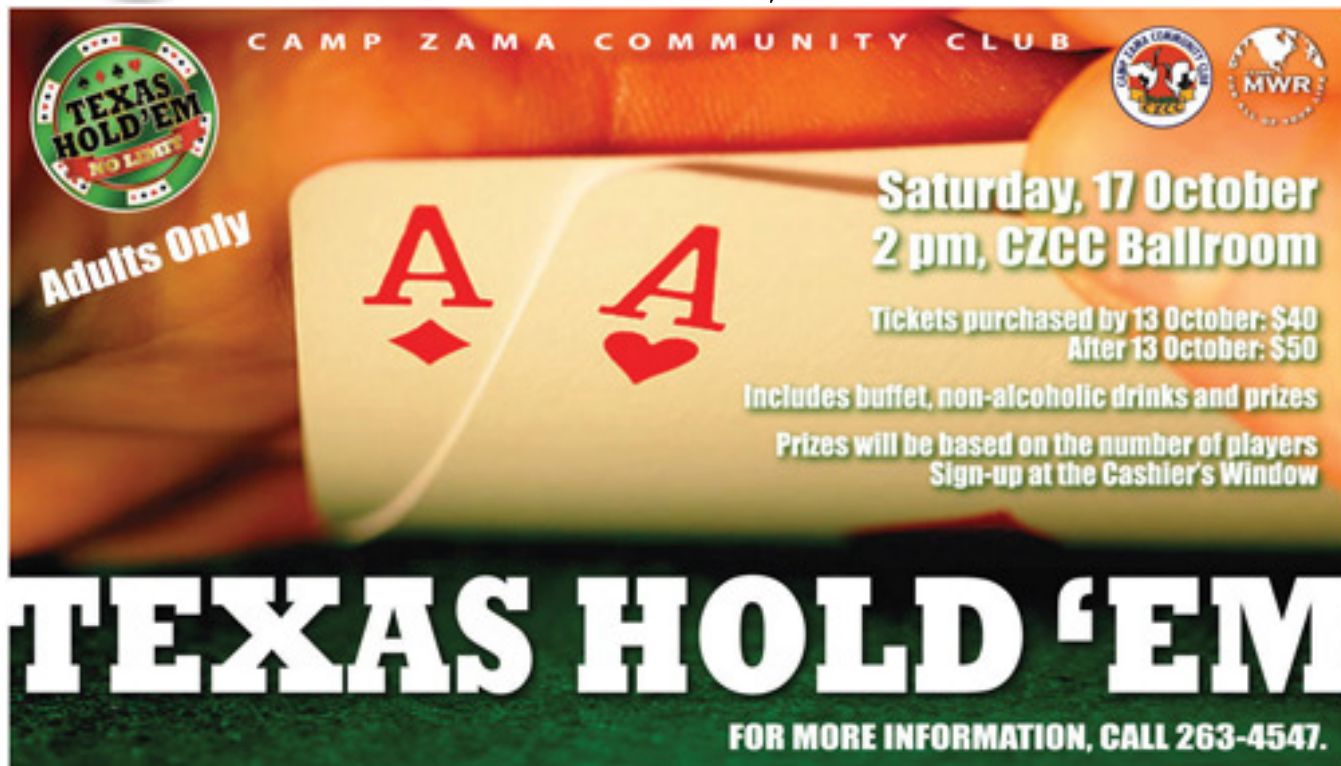
6 • Chicken Picata  
13 • Hawaiian Chicken  
20 • Beef Croquettes  
27 • Kochijan Chicken

**Wednesday:** (Rotisserie Chicken, Chicken Don and vegetable of the day)

7 • Beef & Pepper Steak  
14 • Tonpourou  
21 • Veal Parmesan  
28 • Italian Sausage & Ratatouille

**Thursday:** (Rotisserie Chicken and vegetable of the day)

1 • Beef Curry • Chicken & Potato Pesto Cream Pasta  
8 • Hayashi Rice  
15 • Spaghetti Napolitan  
w/Cream Sauce  
• Spaghetti w/Meat Sauce  
22 • Beef Rouladen

CAMP ZAMA COMMUNITY CLUB

**TEXAS HOLD'EM**  
NO LIMITS  
Adults Only

**Saturday, 17 October**  
**2 pm, CZCC Ballroom**

Tickets purchased by 13 October: \$40  
After 13 October: \$50

Includes buffet, non-alcoholic drinks and prizes  
Prizes will be based on the number of players  
Sign-up at the Cashier's Window

**TEXAS HOLD'EM**

FOR MORE INFORMATION, CALL 263-4547.



## LUNCH

- Sliced Blacken Chicken w/Alfredo Sauce
- 29 • Chicken Diablo w/Diablo Sauce
- Linguine/Clam Cream Sauce
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$6.95)
- 2 • Chicken Enchiladas
- Beef Tacos • Mexican Rice
- Burritos • Mexican Corn
- Chicken Tortilla
- 9 • Baked Meat Loaf • Bruschetta Stuffed Rolled Chicken
- Mashed Potatoes w/Gravy
- Chicken & Sausage Gumbo Soup
- 16 • Huli Huli Chicken
- Kalua Pig • White Rice
- Vegetable Bifun
- Miso Soup w/Tofu
- 23 • Corned Beef w/Cabbage
- Chicken Goulash
- German Potato Salad
- Broccoli Cheese Soup
- 30 • Sweet & Sour Pork
- Spicy Chicken w/Vegetables
- Fried Rice • White Rice
- Chinese Egg Drop Soup
- Saturday (No Lunch)**

## DINNER MENU

- Sunday** (limited menu) 5 - 9 pm  
 "2 for 1 Steak Night"  
 (no take out)  
 Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.
- Monday** - Closed
- Tuesday** (5 - 9 pm)  
 2 meals for \$15 and limited menu.  
 Menu will change every week.
- Wednesday** (5 - 9 pm)
- Mongolian BBQ (\$0.75 oz)
  - Limited menu
- Thursday** (5 - 9 pm)
- "All You Can Eat Pizza, Pasta, Soup and Salad Bar" (no take out)
- Adults: \$10.95  
 Youths 4 - 12: \$5.95  
 Under 3 years old: Free
- Limited menu
- Friday "Chef's Special"**  
 Regular Menu (5 - 9 pm)
- 16 Community Night



## DINNER MENU

- Saturday** (regular menu 5 - 9 pm)
- Prime Rib Dinner
  - Prime Rib and Shrimp Scampi

THE WEEKEND HAS FINALLY ARRIVED

# TGIF

EVERY FRIDAY  
 (EXCEPT ON COMMUNITY NIGHT DAYS)

**CZCC FIRELITE LOUNGE**  
 4 - 8 PM

70'S & 80'S MUSIC  
 FOLLOWED BY KARAOKE  
 & HIP HOP NIGHT.

DRINK SPECIALS,  
 LIGHT SNACKS, GOOD MUSIC,  
 AND GOOD FRIENDS  
 PROVIDED.

**EVERYONE  
 WELCOME!**

FOR MORE INFORMATION, CALL 263-4547.

FREE • FREE • FREE

It's **BUNGO** TIME!

**Gals ... and guys too!**

**6:30 pm • 9 October**  
**CZCC Ballroom**

**Light snacks are available.**

\*Participants must be 18 or older.

For more information, 263-4547.

**COMMUNITY NIGHT AT THE CZCC**

# SUMO NIGHT

**5 ~ 8 PM • FRIDAY, 16 OCTOBER**  
 • Hors D'oeuvre • Prizes • Entertainment

ADVANCE TICKETS: \$3  
 AT THE DOOR: \$5

\*Check out the "coupon" on the "Bugle's" back page.

**\*Special Guest Appearance by Pro Wrestler Togi Makabe!**

**\*FOR MORE INFO, PLEASE CALL 263-4547.**

“See the Bugle for the advertisement”.



**ZAMA BOWLING CENTER**  
YOU CAN STILL SIGN UP!

# New Fall Leagues

- “Youth/Adult” Saturday League**  
 Starts 1 pm, 3 October  
 1 Adult/1 Youth  
 \$10 weekly fees (\$6.75 games & \$3.25 prize money)  
 \$18 USBC Annual Membership
- Monday Night “Mixed” League**  
 Starts 6 pm, 5 October  
 5 person team  
 \$10 weekly fees (\$6.75 games & \$3.25 prize money)  
 \$18 USBC Annual Membership
- Tuesday Night “Ladies Night Out” League**  
 Starts 6 pm, 13 October  
 3 ladies per team  
 \$10 weekly fees  
 \$18 USBC Annual Membership
- Unit “Coin” League**  
 Starts 6 pm, 14 October  
 5 person team  
 \$6.75 weekly fees  
 \*The team with the most coins at the end of the league is declared the winner with all “Bragging Rights”

\*For more info, please call 263-4780.



# ■ Zama Bowling Center • 263-4780

## THIS MONTH'S SCHEDULE

- **Youth/Adult League Begins**  
Saturday, 3 October, 1 pm.
- **King of the Hill Tournament**  
Sunday, 4 October, 11 am.
- **Monday Night League Begins**  
Monday, 5 October, 6 pm.
- **Tuesday Night Ladies League Begins**  
Tuesday, 13 October, 6 pm.
- **Unit "Coin" League Begins**  
Wednesday, 14 October, 6 pm.
- **No Tap Tournament**  
Sunday, 18 October, 11 pm.

### LUNCH

#### Mondays

- 5 Spaghetti & Meat Balls  
w/Tossed Greens  
& Garlic Bread
- 12 Baked Lasagna  
w/Tossed Greens  
& Garlic Bread
- 19 Chicken Cacciatore w/Rice  
& Steamed Mixed Vegetables
- 26 Meatball Sandwich  
w/Cole Slaw

#### Tuesdays

- 6 Chicken Saute  
w/Hot Basil Sauce & Rice

## HOME SCHOOL GROUPS WELCOME

Zama Bowling Center is pleased to offer home school groups the chance to enjoy the fun of bowling in a relaxed & "safe" environment. We can custom fit our services to each group's needs. For more info, call 263-4780.

## FAMILY TIME FREE BOWLING

Thursdays, 3-10 pm (SOFA personnel only). No reservations, first come-first serve.

### LUNCH

- 13 Sloppy Joe Sandwich,  
Onion Rings & Cole Slaw
- 20 Baked Pork Chop  
w/Mashed Potatoes  
& Steamed Vegetables
- 27 Pastrami Sandwich  
w/French Fries

#### Wednesdays

- 7 Pork Adobo w/Rice  
& Leche Flan
- 14 Menudo w/Rice  
& Cassava Cake
- 21 Stir Fry Pork w/Tofu over Rice  
& Sweetened Banana

## PARTY PACKAGES

Check out our Party Packages. Come to the Bowling Center and pick up a flyer or check out our WEB page <http://www.mwrjapan.army.mil/business/bowling>.

## SUGGESTIONS WELCOME

We like to know what you think and we're always open to your suggestions to improve our programs. Please send your comments and/or complaints to <http://ice.disa.mil>.

### LUNCH

- 28 Shoyu Chicken w/Rice  
& Vegetable Egg-Fu Young

#### Thursdays:

- 1 Hamburger Steak w/Avacado  
Sauce & Steamed Vegetables
- 8 BBQ Ribs w/Baked Beans  
& Potato
- 15 Baked Chicken w/Rice  
& Stir Fry Vegetables
- 22 Pork Cutlet w/Mashed Potatoes  
& Cream Corn
- 29 Smothered Chicken  
w/Mash Potatoes  
& Steamed Vegetables

**ZAMA BOWLING CENTER**

# Halloween Party

tricks & treats

**7~10 PM  
SATURDAY  
31 OCTOBER**

**Adults: \$7 • Youths: \$5  
Ages 9 & Under: \$2**

**For more info,  
please call  
263-4780.**

**Z**ama Book of Records, every third Saturday of the month (17 October), at the Yano Fitness Center.

All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), volleyball serving (accuracy) and 40 yard dash.

Call the Yano Fitness Center at 263-4664 for specific event times.

## ■ Sports, Fitness & Aquatics

263-3954 / 4664

### ATTENTION POTENTIAL CONTRACTORS

*The Yano Fitness Center is seeking interested applicants in the following areas:*

*Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.*

#### MASSAGE

##### • Aqua Massage

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old or if 16 - 17 years old have written parental consent or a legal guardian present. For more information, call 263-4664/3954.

##### • Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays and Saturdays.

First appointment is 10:30 am and the last appointment is 4 pm. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

##### • Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21).

##### • Brian's Massage

Tuesdays: 6:30 am - 9 pm

Wednesdays: 5:30 - 9 pm

Thursdays: 6:30 am - 4:30 pm

6

YANO FITNESS CENTER

## Person Soccer Tournament

- \$75 Team Fee
- Teams may be all male, all female or mix.
- Awards to 1st & 2nd place.
- Register at the Yano Fitness Center Issue Counter by 9 pm, 23 October.
- For more info, please call 263-4664.

**9 am • Saturday  
28 October  
Yano Fitness  
Soccer Field**

invitational singles

Yano Fitness Center

# tennis

tournament



**9 am • Saturday • 10 October • Camp Zama Tennis Courts • Mens & Womens Division**

**\*For more info, please call 263-4664.**



**Cost:**

- Swedish Massage:  
 30 minutes: \$25  
 60 minutes: \$45
- Sports Massage:  
 60 minutes: \$60  
 90 minutes: \$85
- Deep Tissue Massage:  
 60 minutes: \$60  
 90 minutes: \$85

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

**TAI CHI**

Tai Chi (Chinese breathing exercise) and Kung Fu fitness (every Monday at 6:45 pm).

- One session: \$6  
 4 sessions: \$20

**TANNING BOOTH**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:  
 6:20 am - 6:25 pm

Weekends:  
 10:05 am - 5:35 pm

Purchase a one session card for

\$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

**AEROBICS**

Monday ~ Thursday: 5:30-6:30 pm  
 Tuesday & Thursday: Noon-1 pm  
 Saturday: 10:30 -11:30 am  
 \$3.50 per class (payment made at the front counter prior to class.

\*Youths 13-15 may participate with parents. Youths 16-17 need to have parents permission (forms available at the front counter). All aerobic classes held upstairs in the Cardio room.

**PERSONAL TRAINING**

For more information on this new program, please call 263-4664.



*Congratulations Zoa!*

Zoa Kumzak, wife of Joseph Kumzak, director of the Torii Station Gym has won the top honors at the North American Bodybuilding Championships. Zoa trains at the Torii Station Gym.

*From your Family, Torii MWR...*

*Never stop chasing your dreams...*




**SPORTS & CYS**

**2 MILE**

*\*All adult winners receive a "Bloomin' Onion" coupon from Outback Steakhouse!*

**9 am**  
**Saturday, 31 October**

*\*Starting point is behind the swimming pool, SHA.*

**Loop Run VI**

- No Fee for this event.
- Register by 5 pm, Friday, 30 October at the Yano Fitness Center Issue Counter.
- There will be no registration on the day of the race.
- Men & Women age categories: Adult 18-29 • 30-39 • 40-49 • 50 plus years.
- Runners are encouraged to run in Halloween costumes! Awards are presented to the best costumes - 1st & 2nd place!
- For more info, please call 263-4664/7980.

*DFMWR Commercial Sponsorship & the Sports Staff thanks our sponsors for supporting this event & the Zama community.*

## SOLARIUM RESERVATIONS

If you are considering a party in the solarium, please submit a "Solarium Reservation Request" form to the front desk at the Yano Fitness Center (forms are available at the issue counter). Forms can be also emailed to you upon request.

## JACUZZI, STEAM ROOM, SAUNA

The jacuzzi, steam room & sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, & steam room are closed for maintenance from 8 am - noon.

## AQUATICS

- *Water Aerobics Days & Hours*

Water Aerobics Classes:

Mondays, Wednesdays & Fridays ~ 9 am - 10 am

Aqua Jogger Classes:

Tuesdays & Thursdays ~ 5:30 - 6:30 pm

See flyer for specific details and cost.


## TRAINING RESERVATIONS (SWIMMING POOL)

If you are considering utilizing the Yano pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at the Yano Fitness Center. For reservations, submit the reservation request no less than six weeks in advance. Forms can be emailed upon request. Need ideas for PT Training? Do you need an instructor? We can

help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test and Swimming Technique.

## AGE POLICY FOR SWIMMING POOL

Children 12 years & below are NOT permitted in the pool unless accompanied by AND under the direct supervision of a parent or adult guardian. Children 13 & older have access to the pools without parental supervision. *Exception:* Children participating in special programs organized and conducted by Aquatics, CYS, the schools or other authorized youth organizations may participate under designated adult supervision.



# Learn-to-Swim

\*Program begins 10 October.

**14 October ~ 2 November • Monday, Wednesday & Friday**

- 10 - 10:50 am ~ Adult Beginner/Adult Advanced • 6 Max • Age 15 & up
- 11:15 - 11:50 am ~ Preschool (1,2 & 3) • 4 Max • Age 3-5
- 4 - 4:50 pm ~ Level 3 & 4 • 6 Max • Age 6 & up
- 5:30 - 6:20 pm ~ Adult Beginner/Adult Advanced • 6 Max • Age 6 & up

**10 October ~ 7 November • Saturday & Sunday**

- 2:15 - 2:50 pm ~ Preschool (1,2 & 3) • 4 Max • Age 3-5
- 3 - 3:50 am ~ Level 1 & 2 • 6 Max • Age 6 & up
- 4 - 4:50 pm ~ Level 3 & 4 • 6 Max • Age 6 & up
- 5 - 5:50 pm ~ Level 5 & 6 (fitness) • 6 Max • Age 6 & up

\*For more info,  
please call  
263-4664.

\*Registration deadline is the  
Wednesday prior to the start  
of the session (7 October).

# ■ Arts and Crafts • 263-4412

## CLASSES

- *Wood Shop Orientation for DA 3031.*

Saturdays: 10 am, no fee.

- *Frame Shop Orientation*

2nd & 4th Thursday, 6 pm, \$10 a class; supplies are not included.

\*Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- *Washi Paper Craft Workshop*

Fee is \$10; supplies are available

at the sales store (by appointment only).

- *Tole Painting Class "American Folk Art"*

Thursdays, 3 pm, \$15 for a class.

- *Ikebana* (fresh flower arrangement class)

1st, 2nd & 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

- *Shodo* (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.

- *Pottery Classes*

\* Wednesday class: 4 - 6 pm, \$20 for

a class, supplies are included.

NOTE: All classes require advance registration. Schedules are subject to change.

## WANTED

Zama Arts & Crafts Center is seeking  
interested instructors in the following areas:

Water Color Painting  
Tole Painting (acrylic paint)  
Washi-Paper Craft • Digital Photography  
Pottery • Balloon Art • Scrap Book • Sawing



“See the Bugle for the advertisement”.

If you are interested in teaching a class (piano, violin, ballroom dance or others), please stop by the Community Cultural Center or call 263-8892.

## ■ Community Cultural Center •

263-3939/5712/8892

### CLASSES

#### • Ballroom Dance

\* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

\* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

#### • Koto Lesson

Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

#### • Jazz, Ballet and Lyrical Dance

Monday

\* Ballet I (ages 5 - 6): \$60  
4 - 5 pm.

\* Ballet II (ages 7 - 9): \$60  
5:15 - 6:15 pm.

\* Ballet III (ages 10 over): \$60  
6:30 - 7:30 pm.

\* Ballet IV / Advanced (age 12 over)  
\$60. Tuesday, 5:45 - 6:45 pm.

\* Pointe / Advanced (age 12 over)  
\$15. Tuesday, 6:45 - 7:45 pm.

• **Creative Movement / Pre-Ballet** (ages 3 - 4): \$45

Tuesday, 4 - 4:30 pm or 5 - 5:30 pm.

#### • Jazz

\* Introduction to Jazz (ages 6 - 9): \$60

Wednesday, 4 - 5 pm.

\* Jazz Technique (ages 10 over or by audition): \$60

Wednesday, 5:15 - 6:15 pm.

#### • Lyrical (Advanced)

#### • Tae Kwon Do Class

Moved to the Yano Fitness Center.

Monday & Thursday, 5:30 - 8:30 pm

#### • ATA Certified Tae Kwon Do

Tuesday & Friday, 5:30 - 8:30 pm.

Community Cultural Center  
presents a  
Tamagawa University E.T.C. Performance

Saturday & Sunday  
21 & 22 November

Pre-Paid Tickets ~ by 30 October  
Adults: \$5 • Youths: \$2.50

After 30 October  
Adults: \$10 • Youths: \$5

\*This is a performance  
done by Japanese college  
students in English.

Disney's  
**BEAUTY AND THE BEAST Jr.**

**ARMED FORCES**

**OCTOBER SCHEDULE**

- **"Clarias" (Rock)**  
~ 15 October
- **"Natty Nations" (Reggae)**  
~ 24 October
- **"Dwele" (R&B)**  
~ 28 October

\*For more info,  
please call 263-8892.

**ARMED FORCES ENTERTAINMENT**

**ENTERTAINMENT AT THE CZCC**



# ZAMA AUTO CRAFT SHOP

## TOWING SERVICE & ROADSIDE ASSISTANCE



We offer a towing service & roadside assistance Wednesday - Sunday during regular Auto Craft Shop hours of operation. For more info, call 263-3615.

### HOURS OF OPERATION:

Monday & Tuesday: CLOSED  
 Wednesday - Friday: 1 - 9 pm  
 Saturday and Sunday:  
 10 am - 6 pm

### PLEASE NOTE:

- Wednesday - Saturday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

### SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

### SERVICES

#### • Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

#### • Used Vehicle Courtesy Inspection

We offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

### CAR WASH

The Sagamihara Housing Area car wash is closed indefinitely due to damage. The Zama car wash can be

accessed:

Monday - Tuesday:  
 8 am - 4:30 pm,  
 Wednesday - Friday:  
 8 am - 8:30 pm  
 Saturday - Sunday:  
 10 am - 6 pm.

### HELPFUL HINT

"When purchasing gasoline off post remember to put the correct fuel in your vehicle!!!" At all off post gas stations, each type of fuel is designated by the "Color of the Pump Handle!!!" Green is Diesel, Red is Regular and Yellow is High Octane.

## USED PARTS FOR SALE


- Chrome "Lorinser 19" Rims w/tires ~ \$1,000 set
- 6 X 9 Speakers ~ \$30 pair
- Safety Flares ~ \$2 ea.
- CD Player, Stateside Tuner ~ \$35
- Subwoofer Box ~ \$30

\*We also have used tires, just stop by with your car and see if they are on the rack.

### FREE STUFF

- KIT" Liquid Type Carnauba Car Wax
- Various Vehicle Rear Brake Shoes
- Various Spark Plugs





• How To Change Your Coolant  
**1 & 15 October**

• How To Change Your Oil  
**8 & 22 October**

\* Must sign up prior to day of class. Participants are responsible for all materials & supplies for class. For more info, please call 263-3615.

## Camp Zama Auto Craft Shop CLASSES

# R

eservation  
policy.

The following payment

is required upon making

reservations:

- Day trips: Full fee.
- Overnight trips: \$100 per person. The remaining balance shall be paid 10 days prior to the tour start date.



## OUTDOOR RECREATION DOG THERAPY DEMONSTRATION

1-3 pm  
Saturday  
17 October  
SHA Dog Park

Conducted by  
Mr. Oki Toru  
& the International Therapy  
Dog Association



For more info,  
please call 263-4671.

Interactive Customer Evaluation

Please give us your  
**ADVICE**  
Interactive Customer Evaluation

**We are listening!**

**Good or Bad, we'd like to know!**

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.disa.mil/index.cfm>

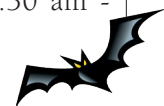
## Outdoor Recreation & Local Tours

• 263-4671

### THIS MONTH'S TOURS AND EVENTS

- **Katsumuna Grape Festival & Wine Tasting**  
Saturday, 3 October, 8 am - 6 pm
- **AMI Shopping Mall**  
Saturday, 3 October, 8 am - 7 pm
- **Kamakura Excursion**  
Sunday, 4 October, 7:30 am - 5:30 pm
- **Kamogawa Sea World**  
Sunday, 4 October, 7 am - 6 pm
- **Hida Takayama Autumn Festival**  
Saturday, 10 October, 3 am - 11 pm
- **Mt. Nokogiri Hiking**  
Saturday, 10 October, 6 am - 7 pm
- **Yokohama Free Time**  
Sunday, 11 October, 10:30 am - 6:30 pm
- **Hello Kitty Land**  
Sunday, 11 October, 9 am - 6 pm

- **Columbus Day/Yokohama Bay Dinner Cruise**  
Monday, 12 October, 2 pm - 8:30 pm
- **Enoshima Autumn Festival**  
Saturday, 17 October, 8:30 am - 5 pm
- **Deep Sea Fishing**  
Saturday 17 October, 4:30 am - 3:30 pm
- **Fuji Safari**  
Sunday, 18 October, 8 am - 5pm
- **Sumo Event**  
Sunday, 18 October, 7 am - 5 pm
- **Universal Studio Japan**  
Saturday, 24 October, 2 am - 12 am
- **Ohikage Tunnel Walk, BBQ Lunch & Soak**  
Saturday, 24 October, 6:30 am - 5:30 pm
- **Tokyo Motor Show**  
Sunday, 25 October, 9 am - 6 pm
- **Hakone Yunessan**  
Sunday, 25 October, 7:30 am - 5:30 pm
- **Nikko Excursion**  
Saturday, 31 October, 4:30 am - 9 pm
- **Black Bass Fishing at Kawaguchi Lake**  
Saturday, 31 October, 3:30 am - 3:30 pm



## Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

### NEW MCNAUGHTON BOOKS

- **Any Minute** by Meyer, Joyce
- **Black Hills** by Roberts, Nora (Best Seller)
- **Catastrophe** by Morris, Dick (Best Seller)
- **Defector** by Silva, Daniel (Best Seller)
- **Doomsday Key** by Rollins, James. (Best Seller)
- **Dune Road** by Green, Jane
- **Fugitive** by Margolin, Phillip
- **Guardian of Lies** by Martini, Steve (Best Seller)
- **Killer Summer** by Pearson, Ridley (Best Seller)
- **Start Where You Are** by Gardner, Chris (Best Seller)
- **Street Fighters** by Kelly, Kate

### NEW BLU-RAY DVDS

- Gran Torino
- Slumdog Millionaire
- Woodstock: 3 Days of Peace & Music - Director's Cut
- 3:10 to Yuma
- When We Left Earth: The NASA Missions

### NEW VIDEO GAMES

- Madden NFL 10 - XBOX 3
- Wolfenstein - XBOX 3
- Wii Sports Resort
- Punch-Out! - Wii

### ON-LINE CATALOG

Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>.



## ■ Chapel Activities • 263-4898

### CATHOLIC SERVICES

**Mondays - Fridays**, noon, daily Mass, Blessed Sacrament Chapel

**Sundays**, 9:15 am, Mass, Zama Chapel.

**Sundays**, 10:45 am, CCD, Religious Education Center.

**4th Monday**, 7 pm, MCCW Meeting, Zama Chapel.

**2nd & 4th Tuesdays**, 5 pm, MCCW Book Club, SHA Chapel.

### PROTESTANT SERVICES

**Sundays**, 11 am, Worship Service, Zama Chapel.

**Sundays**, 11 am, Children's Church.

**Sundays**, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

\*A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only.

### SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel.

**Sundays**, 10:30 am, Worship Ser-

vice, Sagamihara Chapel.

**Wednesdays**, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

\*Children's church and nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services; youth church for 1st grade through 6th grade during Sunday service.

### JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at DSN 263-2754 or write to [duncan.adams@us.army.mil](mailto:duncan.adams@us.army.mil).

### BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

**Mondays and Fridays**, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at [forris@forrisfulford.com](mailto:forris@forrisfulford.com).

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Tuesdays**, 7 pm, Tuesday Night Youth Activity, Sagamihara Chapel. Call Richard Smith, 046-234-9490, or Brian Howard at 263-7419.

### ONGOING BIBLE STUDIES

**Wednesdays**, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Haywood at 263-5624.

**Thursdays**, 9:30 - 11:30 am, PWOC (Protestant Women of the Chapel) Bible Studies, Main Post Chapel, Molly Lang at 263-7161. \*Childcare available.

**Thursdays**, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Molly Lang at 267-7161.

For more information, please call the chapel at 263-4898.

*The Zama Chapel Community has many other programs for you and your Family (bible studies, youth groups, men's groups, women's groups and music programs). If you desire more information, please call the chapel at 263-4898.*



COMMUNITY CULTURAL CENTER

# Narita Junior String Orchestra

\*Co-sponsored by CYS.



**\*This event is FREE!**

Sunday, 4 October • Doors Open at 1 pm • Concert Starts at 1:30 pm • For more info, call 263-5701.

U.S. Army Child Youth & School Services

# ■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

## Army Community Services Branch

■ Army Community Services 263-4357  
Mon, Tue, Thu, Fri 0730-1630  
Wed 0730-1500

## ZAMA Golf Club

■ DIRECTOR OF GOLF 263-3694  
ADMINISTRATIVE OFFICE

263-4966  
(All the following golf activities are open during lunch).

Course/Starter 263-4975  
Mon-Fri 0700-1700  
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665  
Mon, Tue, Thu, Fri 0630-1900  
Wed 0630-1900  
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284  
Mon-Fri 0645-1700  
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)  
Mon - Fri Sunrise-2200  
Saturday Sunrise-1930  
Sun 1600-2200

Chip Inn & Snack Stand 263-5834  
Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

## Business Division

■ ADMINISTRATIVE OFFICE 263-7935

■ BOWLING CENTER ZAMA 263-4780  
Mon-Wed, Sat-Sun 1100-2200  
Thu & Fri 1100-2230  
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606  
Tue - Sat 1100-2000  
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB  
■ ADMINISTRATIVE OFFICE 263-4133

Lunch  
Tue-Fri 1045-1315  
Sunday Brunch 1000-1330

Cashier 263-4547  
Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0200

Catering 263-4204  
Tue, Thu & Fri 0930-1730  
Wed (Appts Only)

Café Roberto  
Sun, Tue & Wed 1100-2300  
Thu 1100-2200  
Fri & Sat 1100-2300  
No food service after 2200 hours

Cornerstone Game Room (no bar)  
Tue-Thu & Sun 1000-2300  
Fri 1000-0300  
Sat 1000-0230

Firelite Lounge  
Sun-Tue & Wed Closed  
Thu Closed  
Fri 1800-0300  
Sat 1900-0230

USA Dining Room  
Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097  
Lounge & Game Room  
Sun, Mon, Tue Closed  
Wed 1630 - 2300  
Thu 1630 - 2100  
Fri 1630 - 0100  
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954  
Take Out 268-4142

Lunch (Mon-Fri) 1100-1300  
Dinner (Tue-Sat) 1700-2000  
Lounge/Game Room  
Tue-Thu 1100-2200  
Fri 1100-2400  
Sat 1630-2300  
Open during lunch

## Recreation Division

■ CHIEF RECREATION OFFICE 263-3479  
■ ADMINISTRATIVE OFFICE 263-5614  
■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed  
Wed-Thu 1300-2100  
Fri 1000-1800  
Sat & Sun 1000-1800

■ AUTO CRAFTS SHOP 263-3615  
Mon-Tue Closed  
Wed-Fri 1300-2100  
Sat-Sun 1000-1800

■ COMMUNITY CULTURAL CTR 263-3939  
Mon-Fri 0800-2100  
Sat, Sun & Hol Closed  
Open during lunch

■ INTERNATIONAL TOURS 263-5273  
Mon-Fri 1000-1800  
Open during lunch

■ LIBRARY 263-3517  
Zama

Mon-Thu 1000-2030  
Fri-Sun 1000-1800  
Open during lunch  
U.S. Holidays Closed

Sagamihara 267-6603  
Tue-Thu 1000-1900  
Fri-Sat 0900-1800  
Sun, Mon & Hol Closed  
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671  
US Holidays Closed

Vehicle/Equipment Rental & Local Tours  
Mon-Fri 0900-1730  
Sat-Sun 0800-1600  
Open during lunch

Animal Boarding Kennels 263-5915  
Mon-Fri 1000-1700  
Sat-Sun 1000-1600  
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270  
Kure Lodging 256-2580

■ POOLS 263-3348  
YANO 263-5037

Mon-Fri 0600-1900  
Sat-Sun, Holidays 1000-1800  
SHA (Summer) 263-5656/267-6122  
Wed - Sat 1030-1800  
Sun 1200-1800  
Mon, Tue Closed

DEPOT (Closed)  
■ SPORTS/FITNESS CENTER 263-4664

Zama 263-3954  
Mon-Fri 0530-2100  
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762  
Mon-Sun Open 24 hrs  
Depot 268-4729  
Mon-Sun, Holidays 0930-1830

## Support Services Division

■ DIRECTOR 263-4273  
■ ADMINISTRATIVE OFFICE

## Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086  
(All the following CDC facilities are open during lunch.)  
CYS Central Enrollment Registry Office  
263-4125  
263-4743

Mon-Fri 0800-1700  
Family Child Care 263-4743  
263-4125  
267-6564

Sagamihara CDC  
Mon-Fri 0530-1800

Zama CDC 263-4992  
Mon-Fri 0530-1800

■ YOUTH SERVICES  
Zama Youth Center 263-4500

Mon-Thu 1430-2000  
Fri 1430-2200  
Sat 1200-2200  
Sun 1200-1700

School Age Services (SHA) 267-6317  
Mon-Fri 0630-1800

Youth Sports 263-5437  
Mon-Sat 0900-1800  
Open during lunch

School Liaison Office 263-3241

## Zama Lodging

■ ADMINISTRATIVE OFFICE 263-3293  
Reservation Desk

263-2775  
Front Desk 263-3830  
Open 24 hours/7 days a week

## USAG-J Okinawa MWR

■ MWR OFFICE 644-5396  
■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE

Director 644-4110  
Relocation Coordinator 644-4385  
Mob-Dep/IVC 644-4116  
Financial Readiness/AER 644-4378  
Family Advocacy Program 644-5919  
Victim Advocate/SARC 644-4908  
AFTB/AFAP Program 644-4743  
EFMP Program 644-4106  
ACS FAX 644-5918  
School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303  
Lobby 644-4706

■ AUTO CENTER 644-5612

■ CORAL COVE COMMUNITY CLUB  
Business Manager 644-4256  
Lounge 644-4306  
Cashier Cage 644-4426

■ LIBRARY 644-4468  
Staff Room 644-5335

■ MARKETING  
Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

■ SPORTS / FITNESS  
Sports / Fitness 644-4334  
Aquatics 644-4389

■ OUTDOOR RECREATION  
Scuba Locker 644-4795  
Retail Sales 644-4290  
Equipment Issue 644-4263  
Beach Rental Office 644-4659  
Cabin Reservation 644-4659

## Kure Harbor Club

■ MWR Office 256-2580  
256-2581

Outdoor Recreation 0800-1630  
256-2575

Dining Room 0900/1700

Mon-Fri (Breakfast) 0700-0830  
Mon-Fri (Lunch) 1130-1300  
Tue-Sat (Dinner) 1630-2000

■ Bar Mon 1630-2000  
Tue-Sat 1630-2200

■ PX / CLASS 6  
Mon-Fri 0900-1730  
Sat 1130-1530



# HALLOWEEN NIGHT

Join us **Saturday, 31 October** in the Firelite Lounge as we get our "ghoul" on by partyin' with the Halloween crazies on the night when you can be anyone/anything you like!

## THE ROCKY HORROR PICTURE SHOW

Show starts at 8:30 pm!

## Halloween Party

- Party starts after the show!
- Door Prizes
- Prizes for Best Costumes
- Variety DJ Music
- Lite Snacks Available



COMMUNITY NIGHT COUPON



ONE PERSON • FREE ADMISSION (\$5.00 VALUE)

# SUMMO NIGHT



CAMP ZAMA COMMUNITY NIGHT • 5 ~ 8 PM • FRIDAY, 16 OCTOBER

\* FOR MORE INFO, PLEASE CALL 263-4547.

"Black chariot" MASAHITO CHOKO  
 "Blue justice" TOJI NAGATA  
 "The wild man" MANABU NAKANISHI  
 TOGI King Kong MAKABE  
 "Golden tiger" TIGER MASK  
 "Real sharing style" SHINSHUJI NAKAMURA  
 "Good west" TOSHI YANO  
 "The best samurai" HIROKAZI GOTO  
 "A-train" GIANT BERNARD  
 "The machine gun" KARL ANDERSON  
 "The Japanese buzzsaw" TAJIRI  
 "Apollo55" PRINCE DEVITT

# CAMP ZAMA SLAMFEST III

Camp Zama, Directorate of Family, Morale, Welfare and Recreation (DMWR) Presents New Japan Pro-Wrestling/DOH Corporation

**SAT.  
24 OCT**

**Doors Open  
at 3pm.**

**4 pm Show**

High flying matches,  
autographs &  
photo opportunities

Tickets can be  
picked up at the  
Yano Fitness Center.

**Tickets are  
available for:**

**SOFA Personnel  
3 Oct.**

**JCSDF,  
Army MLC/IHA/MC  
Personnel  
10 Oct.**

**All other categories  
17 Oct.  
\*While supplies last!**

**AT THE YANO FITNESS CENTER, CAMP ZAMA**

**\*Two tickets per ID card holder.**



**COMMUNITY NIGHT COUPON**



*\*Meet with "SlamFest III" Pro Wrestler "Togi Makabe"!*

# SUMO

**NIGHT**

**CAMP ZAMA COMMUNITY NIGHT • 5 - 8 PM • FRIDAY, 16 OCTOBER**



**\* FOR MORE INFO, PLEASE CALL 263-7979 / 4664.**